



**Children's Hospital**  
Cleveland Clinic

## International Adoption Program



Providing comprehensive care to  
internationally adopted children

Anxieties and concerns are natural for parents facing international adoption. We can help ease your child's transition to a new life.

## A Personal Message from Our Medical Director

*Dear Prospective Parent,*

*As a pediatrician with expertise and an interest in international adoption, I have cared for hundreds of children from China, Russia, Ukraine, Kazakhstan, Korea, Guatemala, Ethiopia, Cambodia, Vietnam, Romania, Bolivia, Columbia and India.*

*More than 10 years ago, I founded and directed a nationally recognized International Adoption Program in New York. In addition to this international practice, I am a parent of two wonderful children adopted from China.*

*It was through my personal experience that I came to realize the need for and benefit of having a pediatrician with expertise in adoption medicine. I understand parent concerns and the unique issues of internationally adopted children.*

*The overwhelming majority of internationally adopted children make the transition from orphanage or foster care to home life without difficulty when parents are well-prepared. I have been fortunate to witness the unimaginable joy that these children bring to their adoptive families and welcome the opportunity to help you and your family.*

*Elaine E. Schulte, MD, MPH  
Medical Director, International  
Adoption Program*

*Cleveland Clinic Children's Hospital  
and Pediatric Institute*



Dr. Schulte serves on the Executive Committee of the Section on Adoption and Foster Care for the American Academy of Pediatrics and is also a member of the Joint Council on International Children's Services. She is a board-certified pediatrician who has been in practice for nearly 20 years.

## International Adoption Program

The International Adoption Program (IAP) of the Cleveland Clinic Pediatric Institute and Children's Hospital provides comprehensive care to internationally adopted children.

Based in the Department of General Pediatrics, the IAP offers a wide range of specialized services, including:

Pre- and post-adoption evaluations

Ongoing primary care

Multidisciplinary team evaluations of physical, developmental, behavioral and educational needs

Referrals to medical subspecialists, as needed

Whether you live within or outside Northeast Ohio, our team of specialists is available for evaluation and consultation.

### Pre-Adoption Consultations

Transitioning a child from orphanage or foster care in another country requires sensitivity, insight and preparation. We believe that the Pre-Adoption Consultation is the best way to prepare parents for the unique challenges and joys of international adoption.

Pre-Adoption Consultations begin with an online request to eCleveland Clinic MyConsult®. Through eCleveland Clinic, you can contact Dr. Schulte from the comfort and privacy of your home. This personalized, timely service streamlines the evaluation of your child's health records, photos and videotapes.

Our full Pre-Adoption Consultations include:

Immediate review of your child's medical records, photos and videotapes

Interpretation of medical terminology

Assessing growth

Outlining developmental and behavioral expectations

A pre-travel consultation to help you plan for medical, developmental, feeding, sleeping or other issues that may arise

Phone consultation and support during your trip abroad

Information about adoption resources

## eCleveland Clinic Pre-Adoption Services

### *Offering Our Expertise for Your Future Family*

Besides comprehensive International Pre-Adoption Consultations, services available through eCleveland Clinic MyConsult include:

- General international adoption phone inquiries
- Overseas urgent consults
- Basic, one-time medical record reviews

For a full list of eCleveland Clinic international adoption services and fees, please e-mail [eclevelandclinic.org/adoption](mailto:eclevelandclinic.org/adoption), visit <http://eclevelandclinic.org/adoption>, or call 216.444.3223 or 800.223.2273, ext. 43223.



### Post-Adoption Evaluations

Dr. Schulte will examine and evaluate your child within seven to 10 days of your arrival home. She will conduct the screening recommended by the American Academy of Pediatrics, and provide all needed immunizations.

Post-adoption services include:

A thorough physical examination, and a history review, to the extent available

Review of any new medical information

Review of immunization status

Assessment of infectious disease risks

Assessment of developmental status

Diagnostic tests or referrals to specialists, if needed

## Ongoing Primary Care

Dr. Schulte is available to provide ongoing primary pediatric care, including:

Well-child and urgent care

Urgent calls to medical staff 24 hours a day,  
seven days a week

*Most insurance companies cover post-adoption evaluation and primary care. Check with your insurer.*

## Multidisciplinary Team Evaluation

If needed, your child may be evaluated by the multidisciplinary IAP team. Led by Dr. Schulte, the team includes a speech pathologist, physical and occupational therapists, developmental pediatrician, behavioral medicine expert, neuropsychologist, and educational consultant.

The IAP team will provide ongoing evaluation of your child's development. We will be available as your child matures throughout school, to ensure that any special learning needs are fully supported.

## Referrals to Pediatric Medical Specialists

Cleveland Clinic's Children's Hospital offers care in all pediatric medical subspecialties. When necessary, the IAP can refer your child for additional assessments and care to our specialists in Pediatric Infectious Disease, Pediatric Endocrinology, Pediatric Ophthalmology and other areas.

## How to Contact Us

To contact the International Adoption Program, please call 216.445.3033 or 800.CCF.CARE, ext. 53033, or email Dr. Schulte at [schulte@ccf.org](mailto:schulte@ccf.org). Our fax number is 216.445.6911.

Let us help you establish the lifelong parent-child bond you've been wishing for, and experience the tremendous joy that an adopted child can bring to a family.



## **Children's Hospital Cleveland Clinic**

9500 Euclid Avenue, Cleveland, OH 44195

Cleveland Clinic Children's Hospital is a hospital within a hospital at Cleveland Clinic. More than 200 pediatric specialists offer medical, surgical, neonatal and intensive care at our Main Campus, and rehabilitative, developmental and behavioral care at our Shaker Campus. Our acute-care pediatric hospital is located on Main Campus, and the Children's Hospital for Rehabilitation and Center for Autism are located at our Shaker Campus. Children's Hospital medical and surgical subspecialty services are also offered at Hillcrest and Fairview hospitals, which have dedicated pediatric emergency departments and neonatal intensive care units. Pediatric care also is available at Cleveland Clinic Family Health Centers throughout the community. Cleveland Clinic is a not-for-profit multispecialty academic medical center integrating clinical care, research and education.

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07-CHP-029